

IMPORTANT FACTS ABOUT BIRTH CENTERS



- Birth Centers have been in existence for over 25 years and have shown exceptional outcomes. A study of almost 12,000 births demonstrated that safe and effective care is

provided in Birth Centers, and was published in The New England Journal of Medicine.

- Birth centers have over 25 years of safe, sensitive, cost-effective care.
- Birth Centers increase access to care, by providing an alternative to hospital and home
- Birth Centers work within the system of health care to ensure safety for the childbearing family.
- Three organizations accredit Birth Centers, including JCAHO, AAAHC, and CABC.
- National Standards exist to ensure Birth Center care is safe and effective.

Almost Home Birth Center
2708 Grand Avenue Suite C
Des Moines, Iowa 50312
515-282-8400

Clinical Director
Carey Ann Ryan ARNP/CNM

NON-VIOLENCE IN THE WORLD BEGINS WITH BIRTH.



Serving the community
and families with compassion
and healthcare.

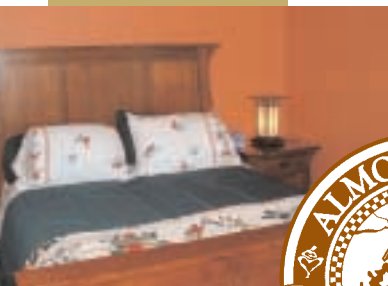
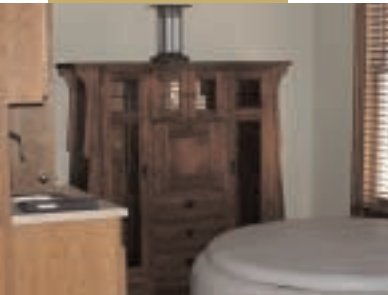
ALMOST HOME BIRTH CENTER

is located in a beautiful remodeled historic building in downtown Des Moines. Decorated in the Arts-and-Crafts style, Almost Home provides a warm atmosphere for all who walk through its doors. Almost Home Birth Center offers family centered childbirth options in a safe, cost-effective and innovative home like setting.

It is Almost Home Birth Center's purpose to provide a safe home-like place for giving birth, one surrounded by family, friends, doula's, and others, with a Nurse Midwife or Physician at attendance.

Almost Home Birth Center's, highly trained nursing staff seeks to replicate the comforts of home, while offering immediate access to all of the necessary clinical equipment including, oxygen, suction, and resuscitation equipment.

Almost Home Birth Center is a not-for-profit corporation using the open-staff model, which allows nationally board certified and credentialed Nurse Midwives or Physicians to have the



opportunity to seek attending staff status here. This gives families and their care providers another option when selecting the best location for birth based on a variety of criteria including risk, patient satisfaction, and insurance reimbursement.

With this said, Almost Home Birth Center is located a mere 7 minutes from 4 Des Moines metro hospitals which provide maternity care, making possible undelayed access to acute care facilities if needed.

